

European Society For Person Centered Healthcare
CauseHealth Project
St George's, University of London UK

One Day Symposium

The Person-Centered Care of Medically Unexplained Symptoms

28 September 2016
St George's, University of London UK



Programme Announcement

08:00 Registration and Refreshments**09:00 Welcome to St. George's, University of London**

Professor Andrew Kent, Pro Vice Chancellor and Dean, Faculty of Health, Social Care and Education, Kingston University and St. George's, University of London, UK

Session 1, Early Morning Session

FOCUS ON THE EUROPEAN SOCIETY FOR PERSON CENTERED HEALTHCARE, THE CAUSEHEALTH PROJECT, THE PROBLEM WITH EXPLAINING SYMPTOMS AND COMPLEXITY THINKING AND MUS
09:05 Early Morning Chairman

Dr. Abraham Rudnick, Professor, Department of Psychiatry and Behavioural Neurosciences, McMaster University & Psychiatrist-in-Chief, St Joseph's Healthcare, Ontario, Canada and Chairman, ESPCH SIG on Mental Health

09:10 About the European Society for Person Centered Healthcare and the Project on Medically Unexplained Symptoms

Professor Andrew Miles, Senior Vice President and Secretary General, European Society for Person Centered Healthcare & Editor-in-Chief, *European Journal for Person Centered Healthcare* / Editor-in-Chief, *Journal of Evaluation in Clinical Practice*

09:20 The CAUSEHEALTH Project and Medically Unexplained Symptoms – Creating a New Ontological Foundation for the person-centered care of MUS

Dr. Rani Lil Anjum, Research Fellow, Norwegian University of Life Sciences, Oslo & Principal Investigator, CAUSEHEALTH

09:40 The Problem with Explaining Symptoms: The Origin of Biases in Causal Processing

Dr. Robin A. Murphy, Associate Professor, Department of Experimental Psychology, University of Oxford, UK

10:00 Medically Unexplained Symptoms and Complexity Thinking

Dr. Carmel Martin, Associate Professor, Department of Medicine, Nursing and Allied Health, Monash Health, Australia / ESPCH SIG Co-chairman for Complexity and Health / Co-Editor, *Handbook of Systems and Complexity in Health* & Co-Editor, Forum on Complexity and Health, *Journal of Evaluation in Clinical Practice*

10:30 Panel Discussion with Delegate Participation**10:45 BREAK WITH REFRESHMENTS**

Session 2, Late Morning Session

FOCUS ON THE USE OF TERMS, ATTITUDES TO MUS AND MEDICALLY UNEXPLAINED CHRONIC PAIN
11:05 Late Morning Chairman

Dr. Thomas Fröhlich, Physician, Heidelberg, Germany & Vice President (Western Europe), European Society for Person Centered Healthcare

11:10 Naming What We Do – Problems in the Use of the Term 'Medically Unexplained Symptoms' When Discussing the Person-Centeredness of Care

Professor Brian Broom, Consultant Physician (Clinical Immunology), Department of Immunology, Auckland City Hospital and Adjunct Professor, Department of Psychotherapy, Auckland University of Technology, New Zealand and Chairman, ESPCH SIG on Personhood and The Dynamics of Healing Relationships in PCH

11:40 Encouraging Clinicians to Work Effectively with People with Medically Unexplained Symptoms – Is a change in Underlying Attitudes Required?

Dr Marta Buszewicz, General Practitioner and Reader in Primary Care, Primary Care Mental Health Research Group Lead, Research Department of Primary Care & Population Health, University College London, UK

12:10 The Phenomenon of Medically Unexplained Chronic Pain

Dr Lars-Petter Granan, Specialist in Physical Medicine and Rehabilitation, Department of Pain Management and Research, Oslo University Hospital, Advisory Unit on Pain Management and Associate Professor, at University College of South East Norway.

12:40 Panel Discussion with Delegate Participation**13:00 LUNCHEON**

Session 3, Early Afternoon Session

FOCUS ON MUS AND THE BIOPSYCHOSOCIAL MODEL AND THE IMPORTANCE OF INTEGRATED CARE**13:55 Early Afternoon Chairman**

Dr. Carmel Martin, Associate Professor, Department of Medicine, Nursing and Allied Health, Monash Health, Australia / ESPCH SIG Co-chairman for Complexity and Health / Co-Editor, *Handbook of Systems and Complexity in Health* & Co-Editor, Forum on Complexity and Health, *Journal of Evaluation in Clinical Practice*

14:00 Biopsychosocial Formulation Related to Medically Unexplained Symptoms: A Person Centered Discussion

Dr. Abraham Rudnick, Professor, Department of Psychiatry and Behavioural Neurosciences, McMaster University & Psychiatrist-in-Chief, St Joseph's Healthcare, Ontario, Canada and Chairman, ESPCH SIG on Mental Health

14:30 Integrative Primary Care for Patients with Medically Unexplained Symptoms

Professor Frank Röhricht, Consultant Psychiatrist & Associate Medical Director, East London NHS Foundation Trust, London.

15:00 Panel Discussion with Delegate Participation**15:20 BREAK WITH REFRESHMENTS**

Session 4, Late Afternoon Session

FOCUS ON PHYSIOTHERAPY, BARRIERS TO TREATMENT AND PERSON-CENTERED HEALTHCARE MODELS**15:45 Late Afternoon Chairman**

Dr Roger Kerry, Associate Professor & Director of Postgraduate Education, Division of Physiotherapy and Rehabilitation Sciences, University of Nottingham, UK

15:50 Developing a Physiotherapy Based Intervention for the Patient with Functional Motor Disorder - Results from a Feasibility Trial and Qualitative Interviews.

Mr Glenn Nielsen, Neurophysiotherapist and Research Fellow, UCL Institute of Neurology & The National Hospital for Neurology & Neurosurgery, Queen's Square, London UK

16:20 Removing Barriers and Increasing Access to Effective MUS Therapies

Professor Trudy Chalder, Professor of Cognitive Behavioural Psychotherapy, Department of Psychological Medicine, King's College London and Past President, British Association of Behavioural and Cognitive Psychotherapies

16:50 What Should a Person-Centered Model(s) of Care for the Investigation, Management and Follow-Up of Medically Unexplained Symptoms Look Like?

Professor Andrew Miles, Senior Vice President and Secretary General, *European Society for Person Centered Healthcare* & Editor-in-Chief, *European Journal for Person Centered Healthcare* / Editor-in-Chief, *Journal of Evaluation in Clinical Practice*

17:00 Panel Discussion with Delegate Participation**17:20 Closing Remarks**

Professor Mary Chambers, Director, Centre for Public Engagement and Professor of Mental Health Nursing, Joint Faculty of Health, Social Care and Education, Kingston University and St. George's, University of London, UK

17:30 Close of Symposium

REGISTRATION AND ASSOCIATED DETAILS

About the European Society for Person Centered Healthcare (ESPCH)

The ESPCH is a professional membership body of multidisciplinary clinicians, academics, expert patients, patient advocacy groups, policymakers and economists, founded in January 2014. The Society exists to promote the continuing integration of medicine's inherent humanism with its ongoing biomedical and technological advance within the modern era of chronic long term co and multi-morbid, socially complex illness. In doing so the Society places itself directly at the service of medicine, the clinical professions, patients and the public.

About the Symposium

The symposium is a one day meeting within the Conference Programme of the European Society for Person Centered Healthcare. The symposium will discuss the challenges inherent in the investigation and management of medically unexplained symptoms as personal clinical practices and modern healthcare systems move increasingly towards patient and person-centered care models.

Who should attend?

Consultants and trainees in primary care and psychiatry, clinical psychologists, physiotherapists, occupational health physicians, occupational therapists, social workers, carers, clinical nurse specialists, philosophers of medicine and science, economists and policymakers, members of the pharmaceutical and healthcare technology industries, chief executive officers and medical directors of patient advocacy organisations and charities.

Venue and Accommodation

The symposium will be held at St George's, University of London, London, UK. Full details of transport links and suggested hotel accommodation will be sent to delegates following successful registration

Fee and Payment

The fee for attendance is £195.00. A special rate of £145.00 is available for non-medically qualified clinicians and academics. A rate of £75 is available for students and patients/carers. The rate for Industry attendance is £300. Official collaborators of the CauseHealth Project are entitled to a collaborators' discount and should contact the ESPCH for details. Enquiries can be made to Dr. Vivian Mounir [vivian.mounir@pchealthcare.org.uk] Payment by PayPal made via the following link ... <http://pchealthcare.org.uk/conferences/2016/09/person-centered-care-medically-unexplained-symptoms>

Enquiries

All enquiries in relation to the administrative aspects of the symposium should be made to Dr Vivian Mounir [vivian.mounir@pchealthcare.org.uk] Enquiries of an academic or clinical nature should be made to Professor Andrew Miles [andrew.miles@pchealthcare.org.uk]

Cancellations

Cancellations can only be accepted in writing. A refund, less an administrative charge of £30 will be given on all cancellations made before 28 August 2016. Thereafter, the full delegate fee is payable. Substitutions may be made at any time. No refunds can be given after 28 August 2016 for cancellations due to industrial action or acts of terrorism. The ESPCH reserves the right to modify the academic programme in the event of speaker inability to present

CPD accreditation

6 CPD points applied for attendance at this symposium. Certificates of Attendance are available on request at the Registration Desk.

Data Protection Act

Your name, current postal or professional address (or address for correspondence given) will be entered into a confidential database for symposium administrative purposes and will under no circumstances be shared with third parties.

Acknowledgement

The organisers thank the CauseHealth Project for a grant of unrestricted educational sponsorship in support of the administrative costs of the current symposium.